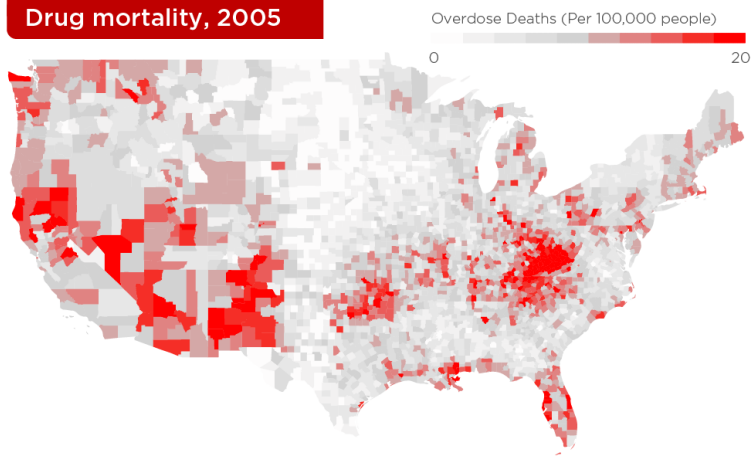


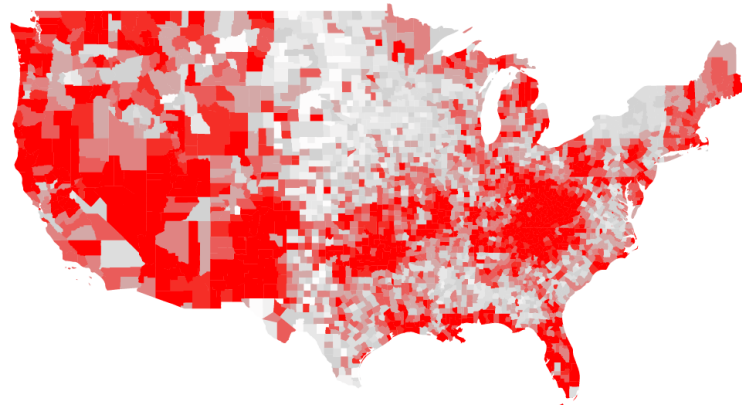
# America's Opioid Crisis

The stunning spread of the opioid painkiller and heroin epidemic in two maps over 10 years.

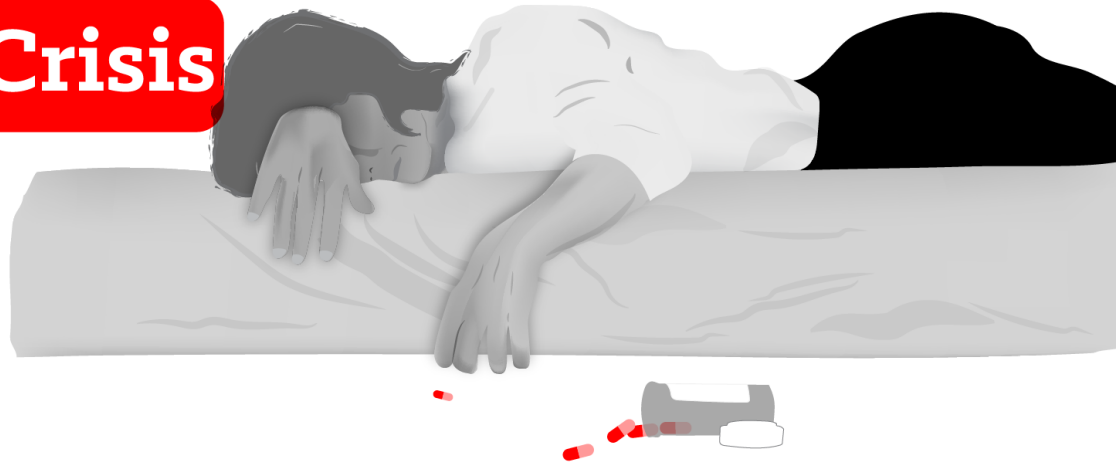
Drug mortality, 2005



Drug mortality, 2014



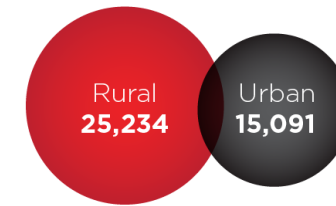
Sources: Centers for Disease Control and Prevention, National Institutes of Health



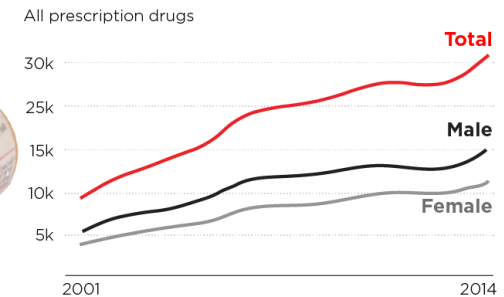
## A challenge for cities, counties and states

The rise in prescription opioid and heroin addiction is causing an increase in overdoses as well as more cases of HIV/AIDs and hepatitis C.

### Deaths from opioids



### National overdose deaths



# Virtual Town Hall Series on the Local Response to the Opioid Crisis: Addiction Treatment Strategies | June 16, 2016 | 2:00-3:30PM ET



## Speakers

- Judge Gary Moore, Boone County, Ky.
- Commissioner Matt Bell, Weber County, Utah
- Ms. Sarah Wattenberg, Office of National Drug Control Policy, the White House
- Dr. Tom Trabin, Alameda County, Calif. Alcohol and Drug Program Administrator
- County Executive Steve Schuh, Anne Arundel County, Md.
- Mr. Terry Carl, Jailer, Kenton County, Ky.



@nacotweets

## Questions or comments?

- Type questions into the “Questions” box on the right side of the webinar window at any time and the moderator will read the question during the Q&A session. You can also “raise your hand” through the webinar control panel to have your line unmuted for a question or comment.

## For more information

- Visit [www.naco.org/opioidtaskforce](http://www.naco.org/opioidtaskforce)
- NACo contact: Hadi Sedigh at [hsedigh@naco.org](mailto:hsedigh@naco.org)

# Stronger Counties. Stronger America.

# Virtual Town Hall Series on the Local Response to the Opioid Crisis: Addiction Treatment Strategies | June 16, 2016 | 2:00-3:30PM ET



## Speakers

- Judge Gary Moore, Boone County, Ky. -----*speaking now*
- Commissioner Matt Bell, Weber County, Utah
- Ms. Sarah Wattenberg, Office of National Drug Control Policy, the White House
- Dr. Tom Trabin, Alameda County, Calif. Alcohol and Drug Program Administrator
- County Executive Steve Schuh, Anne Arundel County, Md.
- Mr. Terry Carl, Jailer, Kenton County, Ky.



@nacotweets

## Questions or comments?

- Type questions into the “Questions” box on the right side of the webinar window at any time and the moderator will read the question during the Q&A session. You can also “raise your hand” through the webinar control panel to have your line unmuted for a question or comment.

## For more information

- Visit [www.naco.org/opioidtaskforce](http://www.naco.org/opioidtaskforce)
- NACo contact: Hadi Sedigh at [hsedigh@naco.org](mailto:hsedigh@naco.org)

# Stronger Counties. Stronger America.

# Virtual Town Hall Series on the Local Response to the Opioid Crisis: Addiction Treatment Strategies | June 16, 2016 | 2:00-3:30PM ET



## Speakers

- Judge Gary Moore, Boone County, Ky.
- Commissioner Matt Bell, Weber County, Utah -----*speaking now*
- Ms. Sarah Wattenberg, Office of National Drug Control Policy, the White House
- Dr. Tom Trabin, Alameda County, Calif. Alcohol and Drug Program Administrator
- County Executive Steve Schuh, Anne Arundel County, Md.
- Mr. Terry Carl, Jailer, Kenton County, Ky.



@nacotweets

## Questions or comments?

- Type questions into the “Questions” box on the right side of the webinar window at any time and the moderator will read the question during the Q&A session. You can also “raise your hand” through the webinar control panel to have your line unmuted for a question or comment.

## For more information

- Visit [www.naco.org/opioidtaskforce](http://www.naco.org/opioidtaskforce)
- NACo contact: Hadi Sedigh at [hsedigh@naco.org](mailto:hsedigh@naco.org)

# Stronger Counties. Stronger America.

# National Association of Counties: Treatment Strategies to Reduce Opioid Use June 16, 2016



---

Sarah A. Wattenberg

---

Office of National Drug Control Policy

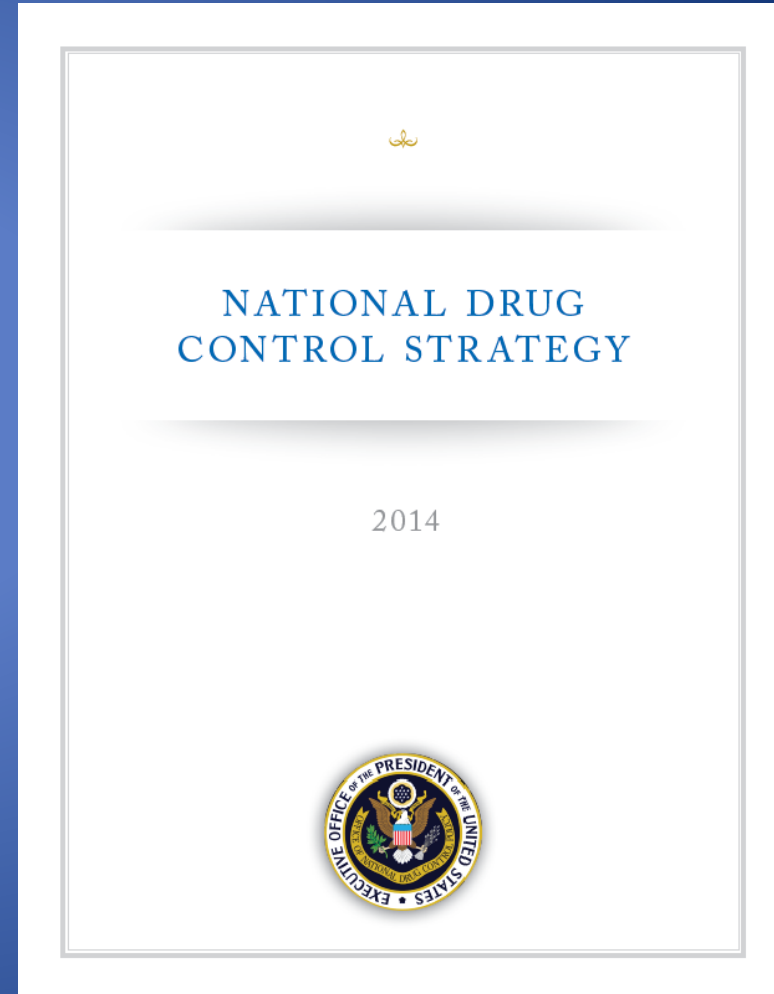
# Office of National Drug Control Policy

- Component of the U.S. Executive Office of the President
- Coordinates drug-control activities and related funding across the United States Government
- Produces the U.S. Government's annual *National Drug Control Strategy*



# National Drug Control Strategy

- Prevent drug use
- Expand access to treatment
- Reform criminal justice system
- Support Americans in recovery



# Opioids and Overdoses



# Taylor Smith, of Holly Springs, Georgia, Died in 2013 at Age 20 from Overdose



# Medication-Assisted Treatment

EXPANDING ACCESS

# Medications Currently Available

## *For Opioid Use Disorder*

- Methadone
- Naltrexone (Vivitrol)
- Buprenorphine
- Buprenorphine/Naloxone

## *For Alcohol Use Disorder*

- Disulfiram
- Naltrexone
- Acamprosate
- Naltrexone Depot

## *For Nicotine Use Disorder*

- Nicotine Replacement Therapies (NRT)
- Bupropion
- Varenicline





# Federal Actions

## Federal Actions

- HHS prescriber training
- SAMHSA/private sector buprenorphine providers
- HRSA health centers
- CDC opioid guidelines
- CMS demonstration projects
- Presidential Parity Task Force
- **1.1. BILLION**

# Check Us Out Online



## On the Web

[WhiteHouse.gov/ONDCP](https://www.whitehouse.gov/ONDCP)



## On Twitter

[@ONDCP](https://twitter.com/ONDCP)

[@Botticelli44](https://twitter.com/Botticelli44)

## On Facebook

[“Americans in Recovery”](https://www.facebook.com/AmericansinRecovery)



*National Association of Counties*

# Opioid Crisis Virtual Town Hall Series: Treatment Strategies

---

Presented by Tom Trabin, Ph.D., M.S.M.  
Alameda County Alcohol and Drug Program Administrator



June 16, 2016





# Brief Overview of Alameda County, California

---

San Francisco Bay Area, including Berkeley, Oakland, Hayward, Pleasanton, Fremont

Serving population of 1.5 million

Over 100 languages spoken, with one of the most diverse populations per capita in the United States

# Brief Overview of Substance Use System of Care

---

## Extensive Continuum

### Basic Services

- includes outpatient, intensive outpatient, residential treatment, recovery services, and recovery residences. Some specialty services for men only, women only, perinatal, older adult and youth.

### Contracted NTP Organizations

- provides methadone and individual counseling across 7 sites throughout the county

### Sobering Center and Social Model Detox

- receives people for less than 24 hours of safe sobering, more than half of whom then enter Social Model Detox next door for several days

### Integrated Behavioral Health within Primary Care

- integrated behavioral health services within primary care teams across 30 FQHC sites providing mental health and alcohol and drug screening, brief intervention and/or referral into specialty treatment.



# Brief Overview of 2015 Projected Substance Use Utilization

---

- 13,000 admissions into substance use treatment
- Nearly 9,000 unduplicated clients accessing some form of substance use treatment
- 3,000 unduplicated clients accessing narcotic treatment (methadone)



# Brief Overview of Current Funding Sources

---

## **Approximate Current**

\$12M: Drug Medi-Cal (DMC) combined local match and Federal Funds Participation (FFP)

\$9M: SAMHSA Substance Abuse Prevention and Treatment Block Grant

\$8M: County funds

\$4M: Other

## **Approximate Anticipated**

Projected 35% increase in combination of state and local funds and matching FFP with advent of DMC Waiver

# Preparing an Organized Delivery System

---





## Grants to expand use of MAT

---

- HRSA recently awarded to three FQHCs in Alameda County a Substance Use Service Expansion Award grant for MATs
- Previously the county participated in a SAMHSA grant-funded pilot for buprenorphine training pilot



# Barriers for buprenorphine prescribing

---

Primary Care Physicians can prescribe for pain but need a specialty waiver from NTP regulations for treatment of addiction, including an 8-hour course certification

Buprenorphine is not covered by health plans, only by state Medi-Cal fee for service

- Pharmacists sometimes get confused and deny sale to patients

Narcotic Treatment Programs have physicians to prescribe buprenorphine but regulatory and funding support is not yet in place in California and many other states

Common primary care physician concerns treating patients with opioid addictions

- Regard some patients with opioid addictions as unreliable and problematic
- Anticipate a time-consuming and complex induction phase to determine proper dosing
- Uneasy managing the risks of possible complications/side effects without specialized training



# Plans to address physician concerns about use of MATs in primary care

---

Set up Buprenorphine Induction Center at Highland Hospital Pain Management and Functional Restoration Clinic

- Already prescribes buprenorphine treatment for pain; helpful synergies are anticipated

Stabilize patients on proper dosing

Develop criteria for referrals to primary care FQHCs and to NTPs for maintenance dosing

Expand current capacity of behavioral health clinicians and clinician extenders integrated into the primary care teams at FQHCs, and enhance their substance use training

Hire an addictionologist to provide consultations to the primary care physicians when complications arise in any of their patients taking buprenorphine



# Practical recommendations for county leaders

---

Encourage mutual respect by providers of MATs and non-medication treatments for SUDs, and require coordination for clients treated concurrently by both approaches

Build SBIRT capacity in primary care

Consider establishing a buprenorphine Induction Center with criteria-based referrals for maintenance dosing, and consultation support from an addictionologist to encourage PCP prescribing

Provide consultation and training to PCPs in MAT prescribing and billing, and in how to work more comfortably and effectively with patients who have opioid addictions



# Further Recommendations

---

Establish partnerships with local FQHCs where most patients may eventually receive maintenance MAT

Establish partnerships with local NTPs who may act as valued partners for more challenging consumers or for those who may transition back and forth between buprenorphine and methadone.

Provide education and training to non-MAT treatment providers regarding the value of MAT and how to work more effectively with clients who are being treated through MAT

Consider ways to adopt 2016 CDC Opioid Guidelines including possible automatic review of clients receiving: chronic opioids, both opioids and benzodiazepines, or high opioid doses

# Virtual Town Hall Series on the Local Response to the Opioid Crisis: Addiction Treatment Strategies | June 16, 2016 | 2:00-3:30PM ET



## Speakers

- Judge Gary Moore, Boone County, Ky.
- Commissioner Matt Bell, Weber County, Utah
- Ms. Sarah Wattenberg, Office of National Drug Control Policy, the White House
- Dr. Tom Trabin, Alameda County, Calif. Alcohol and Drug Program Administrator
- County Executive Steve Schuh, Anne Arundel County, Md. -----*speaking now*
- Mr. Terry Carl, Jailer, Kenton County, Ky.



@nacotweets

## Questions or comments?

- Type questions into the “Questions” box on the right side of the webinar window at any time and the moderator will read the question during the Q&A session. You can also “raise your hand” through the webinar control panel to have your line unmuted for a question or comment.

## For more information

- Visit [www.naco.org/opioidtaskforce](http://www.naco.org/opioidtaskforce)
- NACo contact: Hadi Sedigh at [hsedigh@naco.org](mailto:hsedigh@naco.org)

# Stronger Counties. Stronger America.



# Kenton County Detention Center's

JAIL SUBSTANCE ABUSE PROGRAM

# Program Components

- Full-Time Programing
- Evidence-Based Cognitive Behavioral Therapy
- Peer-Driven Therapeutic Community
- Medically Assisted Treatment
- Links and Referrals to Community-Based Services





# Outcomes

- ▶ 197 Completions with 17 Reoffenders
- ▶ 31 Vivitrol Injection with 2 Reoffenders
- ▶ Outcomes indicate a 91% success rate for individuals who are released in compliance and do not reoffend in Kenton County, Kentucky.
- ▶ Success rates increase to 94% for those utilizing Medication Assisted Treatment as part of their treatment plan.

Sept 1<sup>st</sup>, 2015 – June 1<sup>st</sup>, 2016







# Mr. Terence William Carl

Kenton County Jailer

(859) 363-2411

[Terry.Carl@kentoncounty.org](mailto:Terry.Carl@kentoncounty.org)

# Virtual Town Hall Series on the Local Response to the Opioid Crisis: Addiction Treatment Strategies | June 16, 2016 | 2:00-3:30PM ET



## Speakers

- Judge Gary Moore, Boone County, Ky.
- Commissioner Matt Bell, Weber County, Utah
- Ms. Sarah Wattenberg, Office of National Drug Control Policy, the White House
- Dr. Tom Trabin, Alameda County, Calif. Alcohol and Drug Program Administrator
- County Executive Steve Schuh, Anne Arundel County, Md.
- Mr. Terry Carl, Jailer, Kenton County, Ky.



@nacotweets

## Questions or comments?

- Type questions into the “Questions” box on the right side of the webinar window at any time and the moderator will read the question during the Q&A session. You can also “raise your hand” through the webinar control panel to have your line unmuted for a question or comment.

## For more information

- Visit [www.naco.org/opioidtaskforce](http://www.naco.org/opioidtaskforce)
- NACo contact: Hadi Sedigh at [hsedigh@naco.org](mailto:hsedigh@naco.org)

# Stronger Counties. Stronger America.