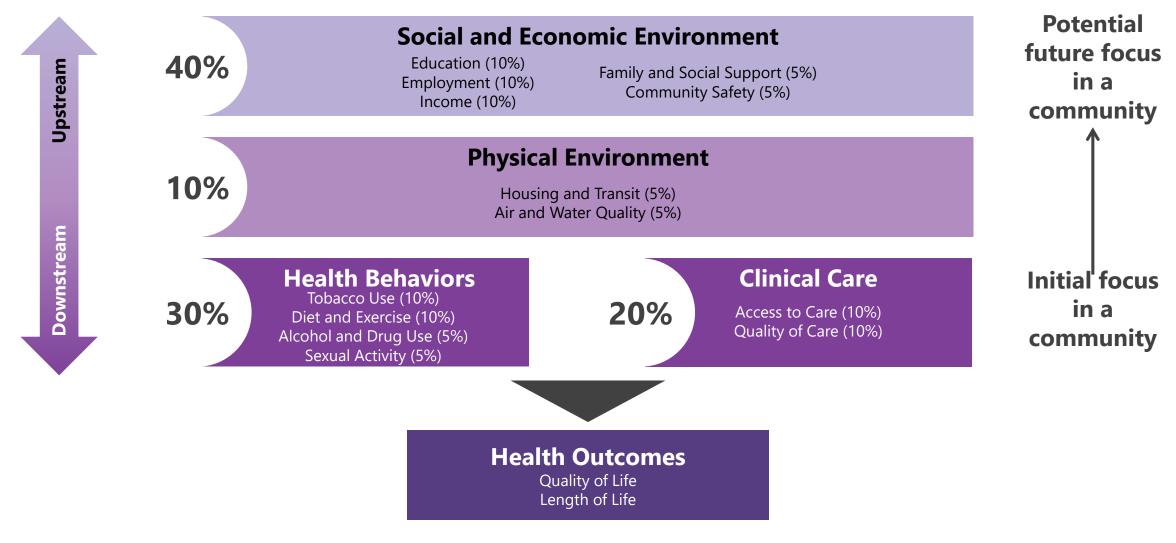


Social Determinants of Health



September 27, 2018

Social Determinants of Health Overview



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Examples of Social Determinants of Health Factors

Economic Stability	Neighborhood and Physical Environment	Education	Food	Community and Social Context	Health Care System
Employment	Housing	Literacy	Hunger	Social integration	Health coverage
Income	Transportation	Language	Access to healthy	Support systems	Provider availability
Expenses Debt	Safety	Early childhood education	options	Community engagement	Provider linguistic and cultural competency
Medical bills	Parks Playgrounds	Vocational training		Discrimination	Quality of Care
Support	Walkability	Higher education		Stress	
	Zip code / geography				

Health Outcomes

Mortality, Morbidity, Life Expectancy Health, Care Expenditures, Health Status, Functional Limitations

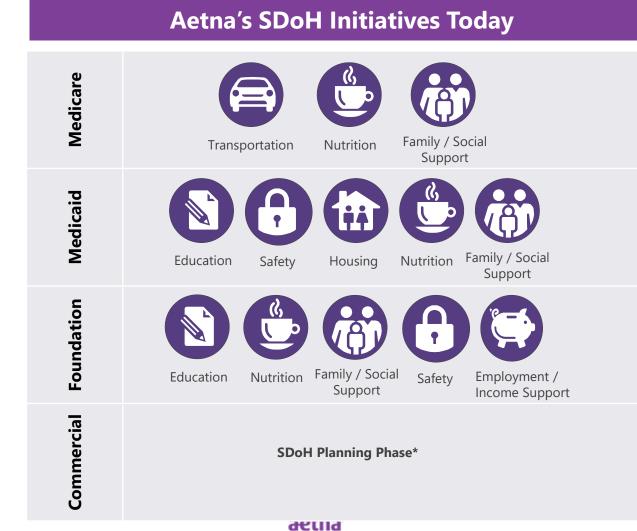
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Initiatives to Impact Social Determinants of Health

Social Determinants of Health initiatives can be broadly grouped into 7 categories

Initiative Categories		Definition			
	Transportation	Programs that enhance access to transportation services to help members attend medical appointments			
	Nutrition	• Programs and policies to provide access to and support the consumption of healthy foods			
	Housing	 Initiatives that create access to stable housing or address home improvement opportunities in appropriate populations 			
	Education	Focus on enhanced general and healthcare specific literacy to empower members towards better health			
	Family / Social Support	 Initiatives designed to provide emotional and psychosocial backing for vulnerable populations 			
	Employment / Income Support	 Programs that provide access to employment or income supplementation to help members live with a stable quality of life 			
A	Interpersonal Safety	 Creating policies and providing resources to ensure the protection and safety of vulnerable population 			

Social Determinant Initiatives at Aetna Today



The Aetna Foundation's Mission: Building Healthy Communities



The Aetna Foundation, the independent philanthropic arm of Aetna Inc., is focused on building healthy communities through locallybased programs, dynamic collaborations, and proven models that can help accelerate progress everywhere. The Aetna Foundation leverages its national scale to deliver local solutions to local problems that improve the social and economic factors impacting health in communities across the country.

Multiyear collaboration with U.S. News & World Report to evaluate which communities across the US are doing the best job of improving health and inspire localized action by policy and health officials





Grants to local, not-for profit organizations that work with underserved populations

State and communitybased grants to address the national opioid crisis





Engagement with 50 local communities to move the needle on metrics related to SDoH and elevate promising practices across the nation

Aetna Foundation's Collaboration with U.S. News and World Report



Five year commitment to create localized healthy community agendas across the country

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Inaugural "Healthiest Communities" Rankings Launched 3/26/18

Next release planned for end of March, 2019

- Collaboration with U.S. News, with the Aetna Foundation as the sponsor
- Annual release of national rankings of nearly 3,000 counties across 10 health-related categories, including:
 - Population Health
 - Equity
 - Education
 - Economy
 - Public Safety
- Showcasing communities across America that are doing the best job of addressing important social and environmental factors that impact their citizens' health
- Ongoing research and journalistic content by USN on relevant topics such as race/ethnicity health outcome trends (released on 9/25/18)

