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2022 ANNUAL CONFERENCE & EXPOSITION

ADAMS COUNTY

===== **COLORADO** =====

2022 ANNUAL CONFERENCE & EXPOSITION

ADAMS COUNTY COLORADO

Supporting People with Opioid Use Disorders Involved in the Justice System

Saturday, July 23rd, 2022 | 2:15 PM – 3:30 PM | MAPLE 4/5

Wifi: Celerium4Counties

Password: Networkdefender!



BUREAU OF JUSTICE ASSISTANCE (BJA)
NATIONAL INSTITUTE OF CORRECTIONS (NIC)

GUIDELINES FOR MANAGING SUBSTANCE WITHDRAWAL IN JAILS: A TOOL FOR JAIL ADMINISTRATORS, CORRECTIONAL OFFICERS, AND JAIL-BASED CLINICIANS

July 23, 2022 • 2:15–3:30 p.m.



BJA
Bureau of Justice Assistance
U.S. Department of Justice



NIC
National Institute of Corrections

SCOPE OF THE CHALLENGE



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U.S. Department of Justice

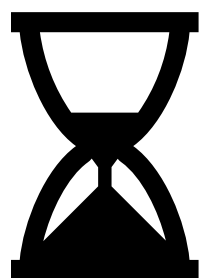


NIC
National Institute of Corrections

Substance Use Disorder in Jails



Two-thirds of individuals sentenced to jail meet the criteria for substance use disorder (SUD).



Within the first few hours and days of detainment, individuals who have suddenly stopped using substances often experience withdrawal symptoms, particularly when they have used the substances heavily or long-term.



Liability

Litigation stemming from inadequate medical care increases costs to local governments, jails, and health care providers:

- Large financial settlements or judgements
- Attorney's fees
- Court-enforced remediation
- Time
- Resource use

Incalculable Costs

The loss of life and the associated trauma experienced by both the loved ones of those who die unnecessarily in jail custody and correctional staff



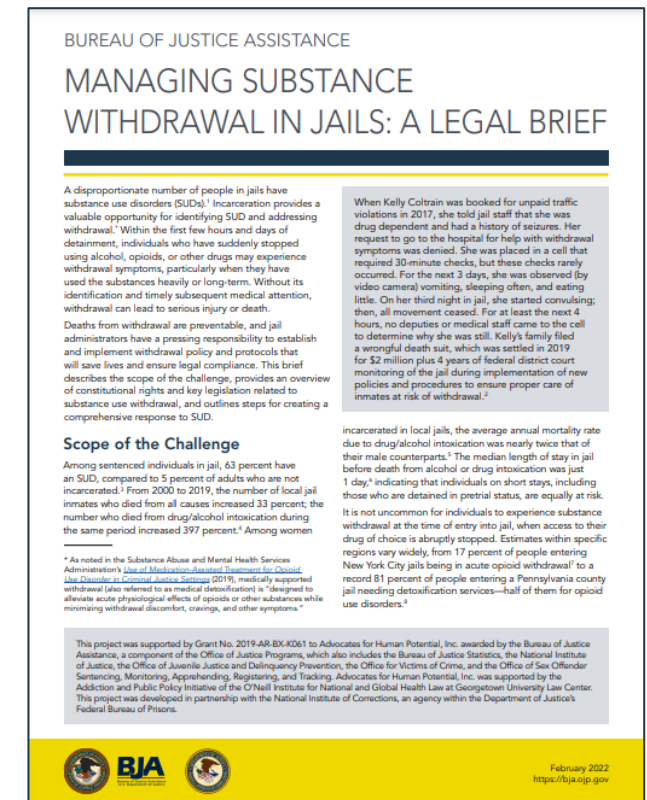
Understanding the Challenge

BJA and NIC collaboratively developed a legal brief that:

- Describes the scope of the challenge facing jails.
- Provides an overview of key legislation and significant court cases related to substance withdrawal.
- Outlines steps for jails seeking to create a comprehensive response to SUD and lays out the **need for guidelines** for managing substance withdrawal in jails.

The brief is available at:

- <https://bja.ojp.gov/doc/managing-substance-withdrawal-in-jails.pdf>
(BJA)
- <https://nicic.gov/managing-substance-withdrawal-jails-legal-brief-0>
(NIC)






Americans with Disabilities Act

In April of this year, the Department of Justice, Civil Rights Division released

The Americans with Disabilities Act and the Opioid Crisis: Combating Discrimination Against People in Treatment or Recovery.

 U.S. Department of Justice
Civil Rights Division

The Americans with Disabilities Act and the Opioid Crisis: Combating Discrimination Against People in Treatment or Recovery

The opioid crisis poses an extraordinary challenge to communities throughout our country. The Department of Justice (the Department) has responded with a comprehensive approach prioritizing prevention, enforcement, and treatment. This includes enforcing the Americans with Disabilities Act (ADA), which prohibits discrimination against people in recovery from opioid use disorder (OUD) who are not engaging in illegal drug use, including those who are taking legally-prescribed medication to treat their OUD. This guidance document provides information about how the ADA can protect individuals with OUD from discrimination—an important part of combating the opioid epidemic across American communities. While this document focuses on individuals with OUD, the legal principles discussed also apply to individuals with other types of substance use disorders.

1) What is the ADA?

The ADA is a federal law that gives civil rights protections to individuals with disabilities in many areas of life. The ADA guarantees that people with disabilities have the same opportunities as everyone else to enjoy employment opportunities,¹ participate in state and local government programs,² and purchase goods and services.³ For example, the ADA protects people with disabilities from discrimination by social services agencies; child welfare agencies; courts; prisons and jails; medical facilities, including hospitals, doctors' offices, and skilled nursing facilities; homeless shelters; and schools, colleges, and universities.

2) Does an individual in treatment or recovery from opioid use disorder have a disability under the ADA?

Typically, yes, unless the individual is currently engaged in illegal drug use. See Question 5.

The ADA prohibits discrimination on the basis of disability.⁴ The ADA defines disability as (1) a physical or mental impairment that substantially limits one or more major life activities,

RESPONDING TO THE CALL FOR ACTION



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Working Together

BJA in partnership with **NIC** and in conjunction with the **National Commission on Correctional Health Care (NCCHC)**, the **American Society of Addiction Medicine (ASAM)**, and **Advocates for Human Potential, Inc. (AHP)** are developing guidelines with an expert advisory committee (EAC) to assist jail administrators, correctional officers, and jail-based clinicians in the detection and proper management of acute withdrawal from substances among individuals in custody.





EAC: Integral to the Process

EAC members are contributing extensively to the development of the guidelines.

- Jail administrators
- Clinical experts
 - Correctional health care specialists
 - Psychiatrists
 - Addiction medicine professionals



Multi-phase Review

The EAC provided feedback on the draft *Guidelines*.

- ASAM moderated discussion of responses to EAC feedback.
- The collective development team revised the draft per the EAC's discussion.

External reviewers are reviewing the revised draft *Guidelines*.

- The collective development team will gather and address feedback from external reviewers.
- ASAM will moderate discussion among the EAC of outstanding issues from external reviewers.
- The collective development team will revise the *Guidelines* per the EAC's discussion.

GUIDELINES FOR MANAGING SUBSTANCE WITHDRAWAL IN JAILS



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U.S. Department of Justice



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National Institute of Corrections



Purpose of the *Guidelines*

To provide guidance to jail administrators, correctional officers, and clinicians working with jails on how to:



Assess and build capacity for managing acute withdrawal.



Identify signs and symptoms of acute withdrawal.



Ensure alignment with ADA legislation.



Framework

Provide clear direction and practical information on managing SUD-related care of people in jail custody, drawing on evidence-based practices and immediate resources.

Identify and manage acute withdrawal from substances as the first step in the continuum of care for individuals with SUD.



Preview of the *Guidelines*



General Guidance



Alcohol Withdrawal



Sedative-Hypnotic Withdrawal



Opioid Withdrawal



Stimulant Withdrawal

NEXT STEPS



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Finalize the Guidelines

Clinical and criminal justice organizations, as well as other relevant associations, are reviewing and providing comments on the draft guidelines, ensuring the voice of their constituents is heard.



Raise Awareness

Key stakeholders will be encouraged to:

- Leverage their networks to promote the *Guidelines*.
- Support participation in a webinar series introducing the *Guidelines* and addressing their implementation.
- Promote the online withdrawal management resource center (under development) and availability of technical assistance (TA).



Operationalize the *Guidelines*

BJA, NIC, and their partners will support jurisdictions' implementation of the recommendations through training and TA activities, which may include (but are not limited to):

- Withdrawal Management Resource Center, including an online toolkit
 - Checklists, reference sheets
 - Information on screening instruments, model policies, sample MOUs
 - Introductory webinar recordings
 - Curricula and training resources
- Communities of practice and learning sites

CONTACTS



BJA
Bureau of Justice Assistance
U.S. Department of Justice



NIC
National Institute of Corrections



BJA

Meg Chapman

Policy Advisor

Margaret.T.Chapman@usdoj.
gov

202-598-0604

NIC

Stephen Amos

Chief, Jails Division

stephen.amos@usdoj.gov

202-307-5811



Jail-Based Program with Pitt County Sheriff's Office-Detention

Presented by Kiera Clemmons, MSW, LCSWA, LCASA

Sheriff's Vision

- ▶ Reduce Recidivism
- ▶ Provide education
- ▶ Provide treatment for individuals



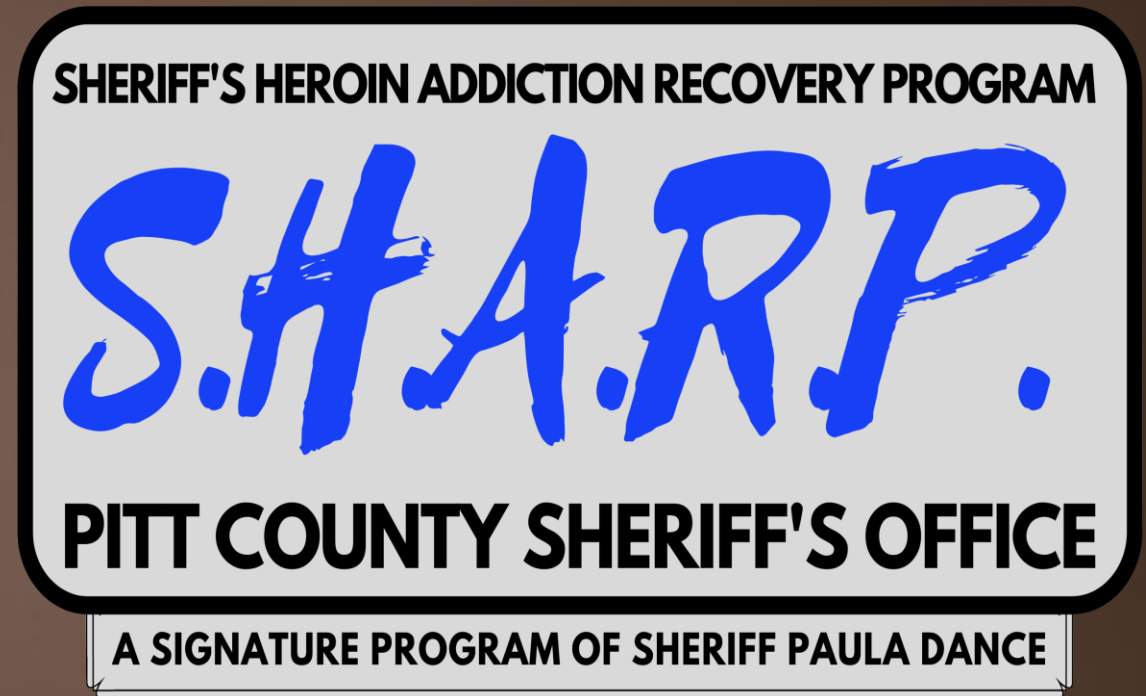
Sheriff Paula Dance

Development and Implementation

- ▶ Secure Federal grant
- ▶ Hire appropriate staff
- ▶ Working through tradition and culture

Programs

- SHARP was the pilot program
- The focus of SHARP is mental health, substance use, and co-occurring disorder
- Offering tools for long-term recovery
- Parenting
- MAT



WEAR

- ▶ Is designed to educate and empower the women
- ▶ Focus on Trauma
- ▶ Evidence-based Techniques
- ▶ Parenting
- ▶ MAT



Community Partnerships

- ▶ Pitt Community College
- ▶ CareNet Counseling
- ▶ East Carolina University
- ▶ Narcotics Anonymous
- ▶ Alcohol Anonymous
- ▶ Greenville Art Museum



Role of the Social Worker

- ▶ Communicate with onsite psychiatrist
- ▶ Perform MH/SU diagnoses
- ▶ Provide direct services
- ▶ Act as a liaison between the detention center and community support services

Outcomes

of Referrals (since implementation)

SHARP = 427

WEAR = 130

MAT = 337

Current Participants

SHARP = 12

WEAR = 6

The word "RESULTS" is displayed in a large, bold, 3D font. The letters are red with a white outline and a slight shadow, giving them a three-dimensional appearance. The text is centered within a white rectangular area.

1049

-

Conclusion

- ▶ Offering justice-involved individuals the tools and services necessary to take their first steps into long-term recovery
- ▶ Motivate the justice-involved for change
- ▶ Helping people with OUD to attain employment-related skills, gain employment, or access to further training

THANK YOU!

Kiera Clemmons

Pitt County Sheriff's Office-Detention

Kiera.clemmons@pittcountync.gov

252-902-2917



Northwest Colorado's Rural Response to the
Opioid Epidemic

July 23, 2022

Abbreviations

IIR ~ Institute for Intergovernmental Research

COSSAP ~ Comprehensive Opioid, Stimulant, and Substance Abuse Program

BJA ~ Bureau of Justice Administration

RROE ~ Rural Response to the Opioid Epidemic Demonstration Project

Consortium ~ Northwest Colorado RROE Consortium

MRH ~ Memorial Regional Health

OFR ~ Overdose Fatality Review

SUD ~ Substance Use Disorder

ODU ~ Opioid Use Disorder

Background

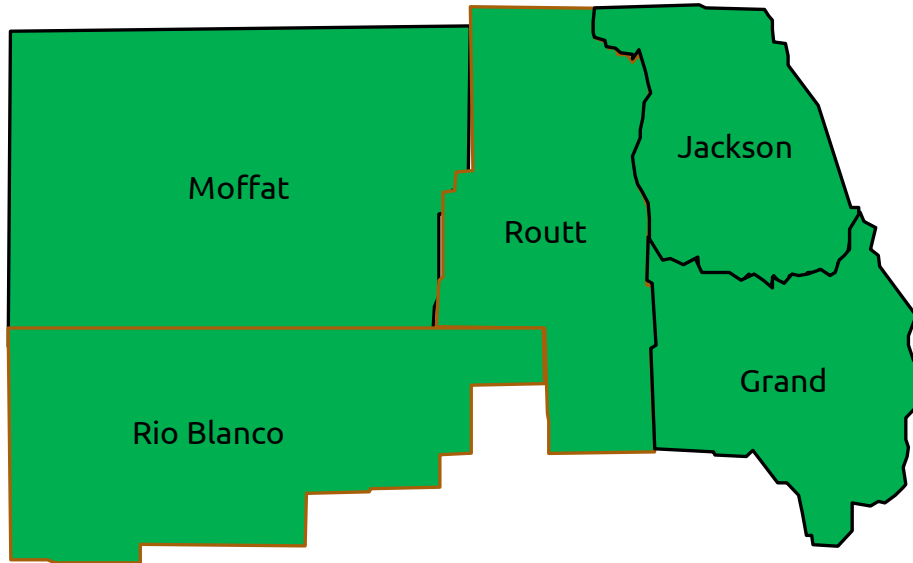
The Rural Responses Initiative is designed to reduce the morbidity and mortality associated with opioid overdoses among individuals who come in contact with law enforcement or are involved in the criminal justice system in high-risk rural communities and regions.

Memorial Regional Health applied for / received a RROE Planning/Implementation grant

- 18-month grant in the amount of \$635,000
- Grant period: 7/1/2020 – 12/31/2021 (extended to 12/31/2022 due to COVID)
- Activities:
 - Overdose Fatality Review Teams
 - Community Overdose Prevention & First Responder Support
 - Recovery Support

NW Colorado RROE Consortium Participants

- The 14th Judicial District
- Grand County Sheriff's Office
- Moffat County Sheriff's Office
- Rio Blanco County Sheriff's Office
- Routt County Sheriff's Office
- Craig Police Department
- Steamboat Springs Police Department
- Jackson County Public Health
- Moffat County Public Health Department
- Rio Blanco Public Health
- The Health Partnership Serving Northwest Colorado
- Grand Futures Prevention Coalition
- Memorial Regional Health
- Northwest Colorado Health
- Providence Recovery Services
- Open Heart Advocates
- Bears Ears Critical Incident Stress Management Team



NWCO RROE Activity #1 Overview

Overdose Fatality Review (OFR) Team:

- Multidisciplinary Team:
 - Law Enforcement Agencies
 - Behavioral Health Agencies
 - Public Health Agencies
 - Judicial Agencies
 - Department of Human Services
 - Community Agencies
- Purpose:
 - To Identify:
 - System Gaps and Barriers
 - Innovative Community-Specific Overdose Prevention and Intervention Strategies
 - Increase Public Awareness
 - Increase Advocacy Efforts
 - Strengthen Agency Relationships and Linkages

NWCO RROE Activity #2 Overview

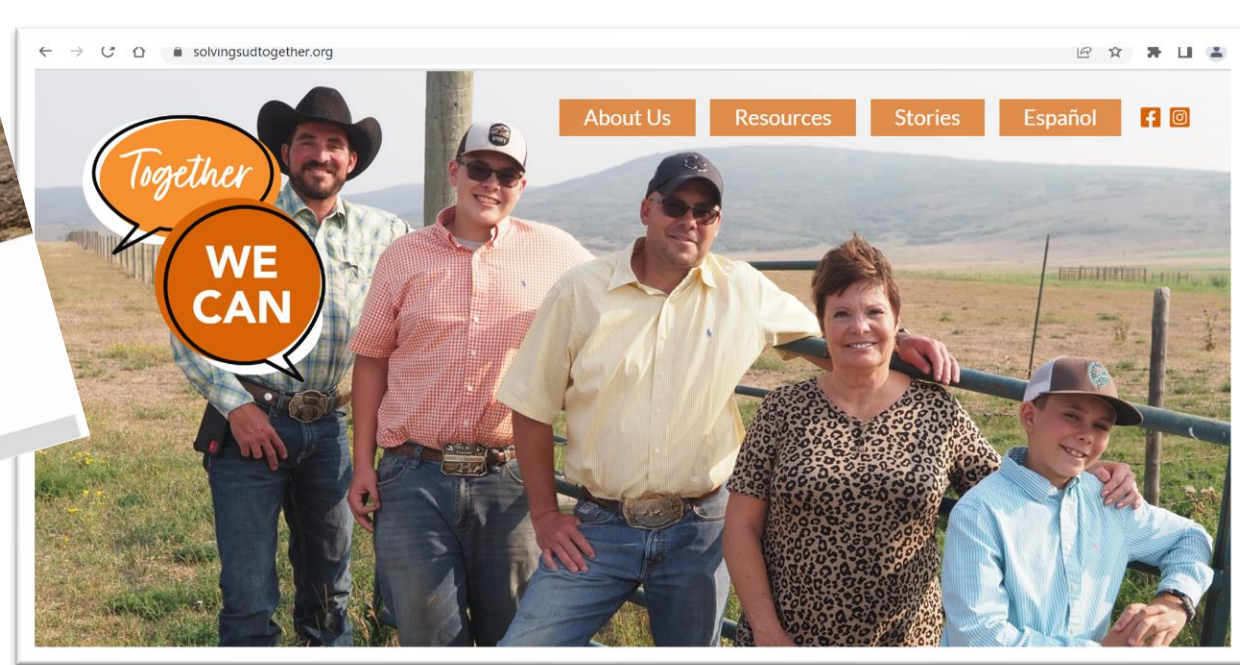
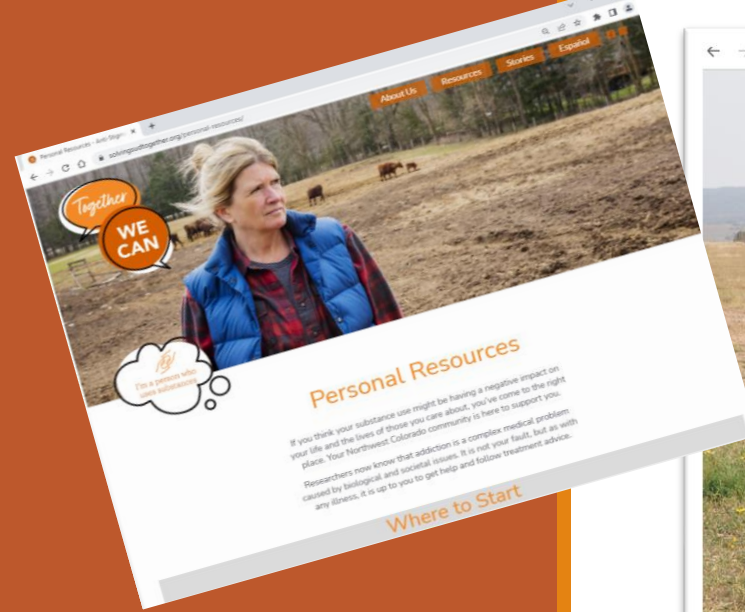
Community Overdose Prevention & First Responder Training/Support

- School-Based Youth Prevention (In and Out of School-Based Settings)
- Regional Awareness and Education Campaigns
 - SUD Stigma Reduction
 - Medication Drop-Box Locations
 - Promote Awareness of Existing Locations
 - New Locations in Unserved Towns
 - Medication Safety
- Harm Reduction Kit Distribution
- First-Responder Training
 - Non-Violent Crisis Intervention
- First-Responder Self-Care/Resilience
 - Identifying and Addressing Secondary Trauma Experienced by First Responders
- Integrated Training/Messaging re: Mental Health and Self-Care

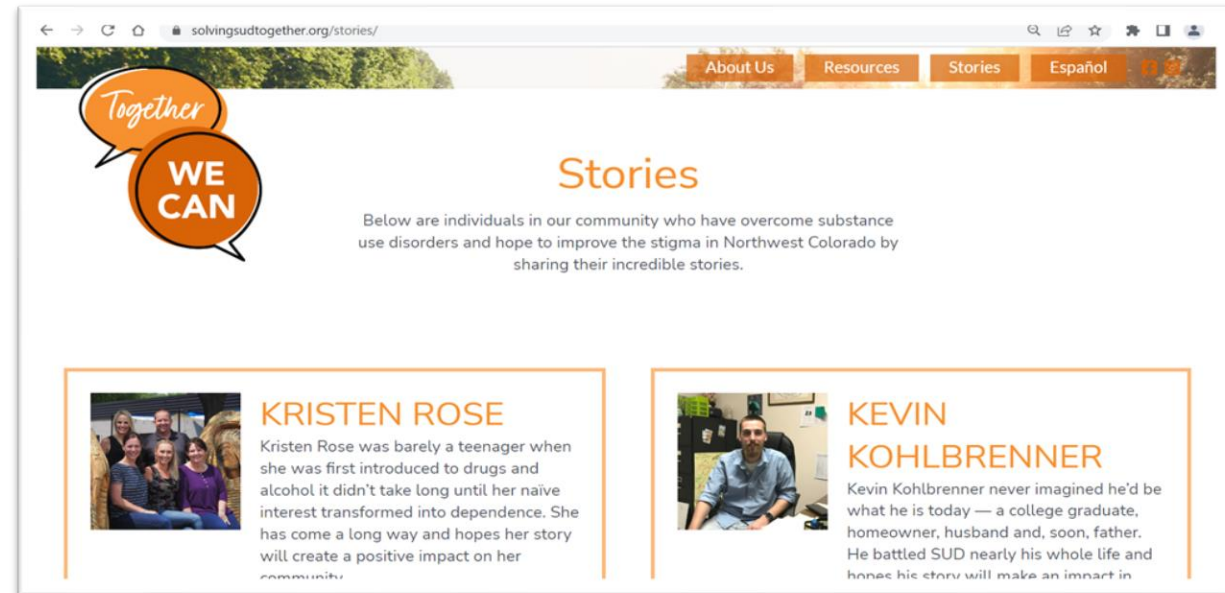


COMMUNITY
OVERDOSE
PREVENTION:
School-Based
Youth
Prevention





COMMUNITY OVERDOSE PREVENTION: Regional Awareness and Education Campaigns



Community Overdose Prevention: Year-round Medication Dropbox Locations

GRAND COUNTY

- > **Fraser/Winter Park Police Department**
79050 US Hwy 40, Winter Park, CO 80482
- > **Granby Police Department**
Zero W. Jasper Ave., Granby, CO 80446
- > **Grand County Sheriff's Office**
670 Spring St.,
Hot Sulphur Springs, CO 80451
- > **Kremmling Police Department**
1318 Park Ave., Kremmling 80459

JACKSON COUNTY

- > **Jackson County Sheriff's Office**
396 LaFever St., Walden, CO 80480

MOFFAT COUNTY

- > **Dinosaur Marshal's Office**
317 Stegosaurus Fwy.,
Dinosaur, CO 81610
- > **Moffat County Sheriff's Office**
800 W. First St., Craig, CO 81625

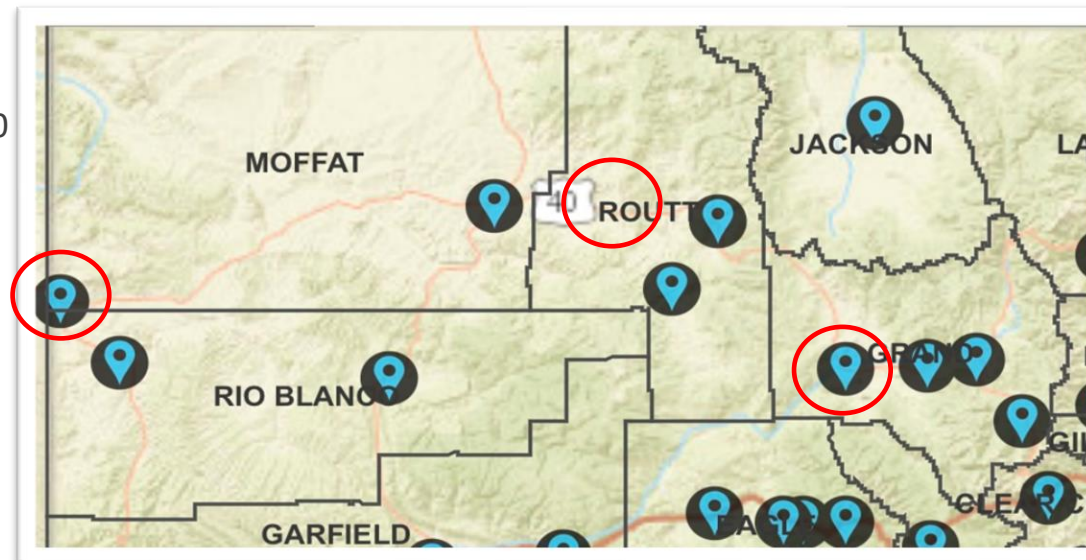
NEW LOCATIONS NOTED IN RED!

RIO BLANCO COUNTY

- > **Rangely Pharmacy**
225 Eagle Crest St.,
Rangely, CO 81648
- > **Rio Blanco Sheriff's Office**
355 4th St.
Meeker, CO 81641

ROUTT COUNTY

- > **UCHealth Yampa Valley Medical Center**
1024 Central Park Dr.,
Steamboat Springs, CO 80487
- > **Bonfiglio Drug**
118 Main St.,
Oak Creek, CO 80467
- > **Hayden Police Department**
249 Hawthorne St.,
Hayden, CO 81639



COMMUNITY OVERDOSE PREVENTION: Medication Safety



THE BIGGEST DRUG PROBLEM ISN'T ON THE STREETS IT'S IN YOUR BATHROOM.

TIPS YOU CAN USE NOW.

Safe Use. Safe Storage. Safe Disposal.

This card is designed to provide you with helpful quick tips on using, storing and disposing of your prescription medicines safely. For full details on each topic and much more valuable information, visit [TakeMedsSeriously.org](https://www.takemedseriously.org) and look for the icons featured on both sides this card.

Prescription Drug Safety Starts With You.

SAFE USE

Learn If Your Combination of Meds Are Safe

Here's how:

- Create a list of all medicines you're taking. Please list all prescription and non-prescription medications, herbals, nutritional supplements, eye drops, inhalers, etc that you use.
- Review this medication list once a year with your doctor.
- Ask your doctor to explain each medicine:
 - Why are you taking it?
 - How long can you expect to take it?
 - Any possible side effects?

Remember:

- Only take medicine prescribed for YOU.
- NEVER SHARE** your prescription medicines.

Take Action. Learn More: [TakeMedsSeriously.org](https://www.takemedseriously.org)

Unused Medicine by the Numbers:
4 billion prescriptions filled in the U.S. every year. 1/3 of that medicine goes unused. That's 200 million pounds of unused medication.
1 "Environmental Impact," disposelyourmeds.org, accessed 10/17/14

SAFE STORAGE

- Store prescription medicines in a drawer or cabinet that can be locked or use a lock box.
- Monitor your medicine inventory. Know how much you've used, how much remains, and keep a list of all medicines in the house.
- Make sure other family members secure their medicines before your kids visit them.

SAFE DISPOSAL

How you dispose of medicines makes a difference. [TakeMedsBack.org](https://www.takemedback.org) keeps you informed about:

- "Take-back" locations near you where medicines can be returned and destroyed.
- Safe home disposal options.

LOCATIONS NEAR YOU

GRAND COUNTY

- > **Fraser/Winter Park Police Department**
79050 US Hwy 40, Winter Park, CO 80482
- > **Granby Police Department**
Zero W. Jasper Ave., Granby, CO 80446
- > **Grand County Sheriff's Office**
670 Spring St., Hot Sulphur Springs, CO 80451
- > **Kremmling Police Department**
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- > **Dinosaur Marshal's Office**
317 Stegosaurus Fwy., Dinosaur, CO 81610
- > **Moffat County Sheriff's Office**
800 W. First St., Craig, CO 81625

RIO BLANCO COUNTY

- > **Meeker Drugs**
315 6th St., Meeker, CO 81641
- > **Rangely Pharmacy**
225 Eagle Crest St., Rangely, CO 81648

ROUIT COUNTY

- > **UCHealth Yampa Valley Medical Center**
1024 Central Park Dr., Steamboat Springs, CO80487
- > **Bonfiglio Drug**



COMMUNITY OVERDOSE PREVENTION: Harm Reduction Kit Distribution

Harm Reduction Kits



- Fentanyl Test Strips (10 each)
- Fentanyl Test Strip instructions
- Micro-Scoop (for testing)
- Naloxone (2 vials)
- Sterile Needles (2 sterile needles)
- Overdose Information (English/Spanish)
- Resource Card (English/Spanish)
- Encouragement Card (English/Spanish)

FIRST RESPONDER TRAINING

Non-Violent Crisis Intervention Training:

- Train the Trainer:
 - Routt & Moffat County
 - Craig Police Department, Open Heart Advocates, & Routt County Sheriff's Office
- Regional training opportunities for first responders



nonviolent crisis intervention®

FIRST RESPONDER SELF-CARE AND RESILIENCE

Acute Stress / Trauma Recognition and Toolkit

START HERE! Self exercises for acute stress/trauma

Box Breathing

1. Close your eyes
2. Breathe in counting slowly to 3
3. Hold your breath for a count of three
4. Exhale for a count of three
5. Hold your breath for a count of three

REPEAT AS NEEDED!

Grounding

1. Close your eyes
2. Breathe in and out one deep breath
3. Breathe and feel your feet, connected to the earth
4. With each breath, move the feeling up your body slowly
5. When you reach the top of your head, take two more deep breaths

Object Examination

1. Find any object around you
2. Hold the object in both hands
3. Close your eyes
4. For three minutes, mentally note everything you can about the object

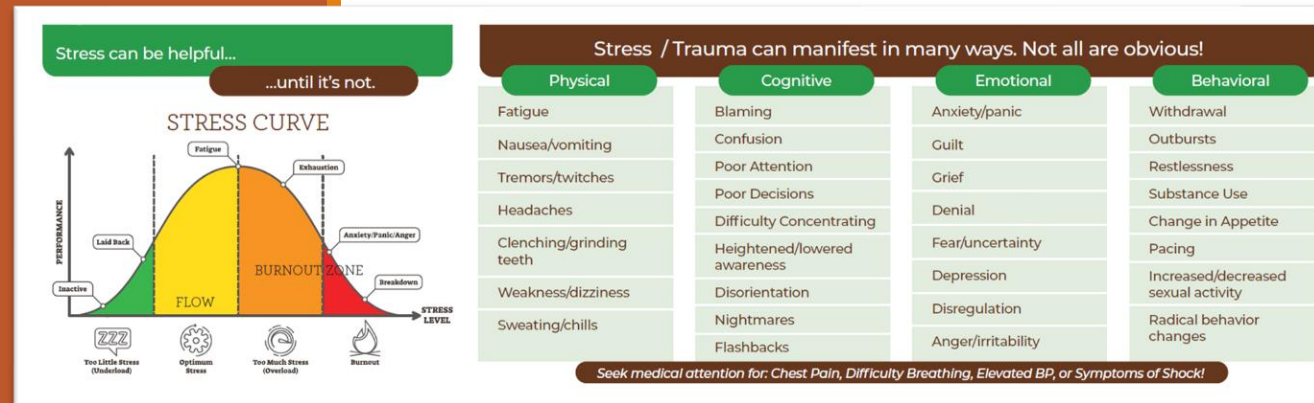
You don't have to face this alone!

GOPLINE
COP Line (Law Enforcement)
1-800-267-5463

NVFC
NVC (Fire/EMS)
1-888-731-3473

SAFE CALL NOW
Safe Call Now (All Public Service)
1-877-230-6060

Need more help?
Start by calling your local ICIS-certified Bears Ears CISM 1-970-756-8500 by first responders for first responders!



NWCO RROE Activity #3 Overview

Recovery Support

- Peer Recovery Support Team
 - Clean & Sober Events
 - Case Management
- 14th Judicial District Adult Diversion Program
 - Treatment & Recovery Focused
 - Case Management



RECOVERY SUPPORT:

Peer Recovery Support Team



The Health Partnership
and The Phoenix are
now offering

CLEAN & SOBER STEAMBOAT EVENTS

for those in recovery,
loved ones supporting
those in recovery
PLUS the SOBER curious
or those choosing
a SOBER lifestyle!

join the fun
Lots of events to choose from
and all events are FREE
unless otherwise noted



JUNE 10
WEALTH IN WELLNESS
4:30pm @ Fetcher Park
1795 Fetcher Park Drive
Near the Picnic Area
Outdoor Recovery Yoga with Chris Ray

JUNE 11-12
RECOVERY WELLNESS WEEKEND
June 11th 10am-4pm / June 12th 9am- 12pm
@ The Hayden Center
495 W Jefferson Ave | Hayden, CO 81639
www.haydencolorado.com
Tickets and details at eventbrite.com
Tickets are Pay-What-You-Can, \$25-\$45 each
All prices get you access to the full weekend.
Sponsorship is available.

JUNE 12
FRIENDS ON THE FARM
12pm @ Mountain Bluebird Farm
For Recovery Weekend attendees -
Celebrate the Recovery Weekend completion
with Friends and Fresh Local Food

JUNE 16
WEALTH IN WELLNESS
4:30pm @ Fetcher Park
1795 Fetcher Park Drive
Near the Picnic Area
Outdoor Recovery Yoga with Chris Ray



For more information
thehealthpartnership.org/events

RECOVERY
SUPPORT:

14th Judicial District
Adult Diversion
Program





www.solvingsudtogether.org

Nicole Shatz
RROE Project Coordinator,
Population Health Management
970-826-8007
nicole.shatz@memorialrh.org

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Questions?



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Thank you!



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NATIONAL ASSOCIATION of COUNTIES



ANNUAL CONFERENCE & EXPOSITION

ADAMS COUNTY

COLORADO

JULY 21-24, 2022

