



Behavioral Health and Justice:

Challenge your assumptions,
uncover your opportunity

National Association of Counties (NACo) Annual Conference – July 13, 2019



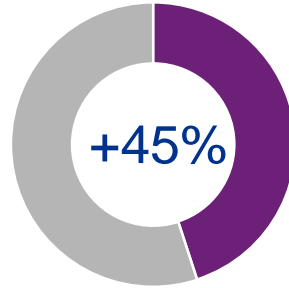
Examine the reality counties are facing



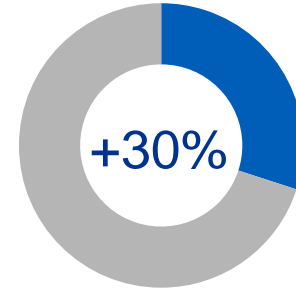
Now, more than ever,
counties need to
address the mental
health epidemic facing
1 in 5 adults
in the United States.

Although counties annually
invest over **\$83 billion**
in their local health systems,
***less than half of those
that require treatment
actually receive it.***

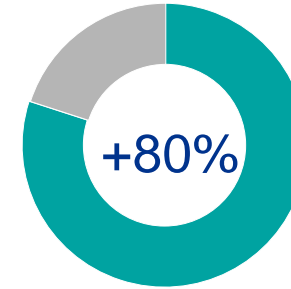
Imagine the results you could achieve



Clinical productivity increase



Direct service hours

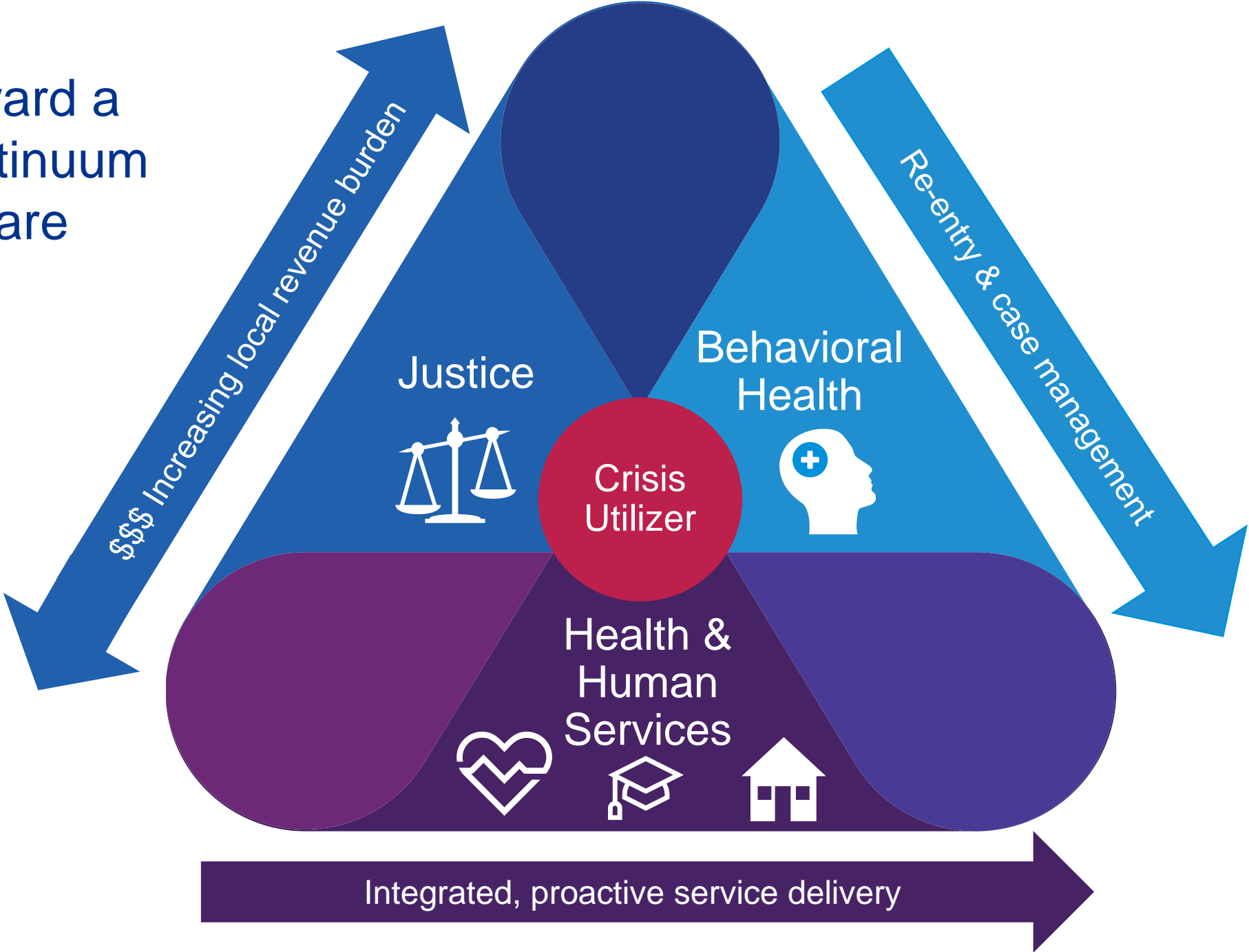


Avg daily sessions

Direct Service	Clinical	Psychiatrists	Therapists
200,000 hours of increased direct service due to productivity gains equivalent to an over 100 FTE increase in staff	45% increase in overall clinical productivity, seeing 1,300 more unique patients weekly with 4,000 more service interactions weekly	30% increase in psychiatrist direct service hours, reducing assessments and increasing medication appointments	30% increase in clinical therapist productivity, with an 80% increase in average daily therapy and case management session

These are not projections. KPMG worked with Riverside County to increase their capacity for delivering behavioral health services **without hiring additional staff.**

Toward a continuum of care




Assumptions challenged...

Initial solution	Initial problem statement	Initial plan
<p>Add crisis beds to the mental health hospital and/or build an additional neuropsychological crisis facility/diversion center</p>	<p>There are not enough crisis beds at the mental health hospital to meet current need and thus people are often taken to jail because of no alternative</p>	<p>Build a facility</p> 

Plan revised

How different it looks when start with identifying the problem

What the data showed	Revised problem statement	Revised solution
<p>Many of those brought by law enforcement to the mental health hospital were returned to the street in less than 8 hours because there are assessed not to be in crisis. And of those admitted to the hospital, the vast majority were discharged in less than 48 hours.</p>	<p>Behavioral health services are:</p> <ol style="list-style-type: none">1) not integrated with health and human services2) underdeveloped for vulnerable populations3) Not nuanced to address those who are “in-betweeners” (i.e., in sub-acute distress)	<p>A County needed a means to triage those in distress, assessing who needed hospitalization and who required out-patient stabilization and a spectrum of human services to meet their needs.</p> 

If you start with
the solution in mind,
you might miss
the actual problem



How to uncover opportunities for maximum impact



Population-Based Resourcing:

Who do you serve?
What are your needs?
What is your capacity?



Performance Measurement:

Do you know whether you are effective and efficient?
Are you monitoring your results?



Data for Decision-Making:

Do you have the data to answer the questions you have?
Can you use your data to prepare for the future?

Where can I look for help?

- In your backyard
- Foundations & philanthropy
- Universities & non-profits
- Private industry



Reach out to us



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