Strategies for Better Serving People with Mental Illnesses Involved in the Justice System
Systems of Care for Offenders with Mental Illness

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Our Philosophy: Trauma Informed Care

**ADVERSE CHILDHOOD EXPERIENCES – ACES**

What are Adverse Childhood Experiences (ACEs)?
ACEs are potentially traumatic events that occur in a child’s life:

- Physical Abuse
- Emotional Abuse
- Sexual Abuse
- Domestic Violence
- Parental Substance Abuse
- Mental Illness
- Suicide or Death
- Crime or Imprisoned Family

**Causing lifelong medical, mental & social suffering**

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### Pyramid of Trauma Informed Care

- **Conception**
- **Adverse childhood experiences**
- **Social, emotional, and cognitive impairment**
- **Adoption of health-risk behaviors**
- **Disease, disability, and social problems**
- **Early death**
- **Death**

**Whole life perspective**

**Scientific gaps**
Our Philosophy: Social Determinants of Health

Social determinants of health

- Environment and safety
- Hunger
- Access to care
- Housing
- Mental health
- Transportation
- Education
- Income and jobs
- Employment
- Education
Drug Courts are problem-solving courts that take a public health approach using a specialized model in which the judiciary, prosecution, defense bar, probation, law enforcement, mental health, social service, and treatment communities work together to help addicted offenders into long-term recovery.

Behavioral Health Courts, also known as Mental Health Courts, have been created in numerous jurisdictions across the United States, largely as a response to the increasing number of defendants with serious mental health conditions ("mental illnesses") who are caught up in the criminal justice system.

Behavioral Health Treatment
Substance Use Disorder Treatment
Benefits Management (Medi-Cal, CalFresh, CalWORKs, General Assistance, etc.)
SSI/SSDI Advocacy
Homelessness and Housing Services
Public Health Services
Senior Services
Veterans Services
Transit Services
Adult Protective Services
In-Home Supportive Services
Child Welfare Services
Public Conservator/Guardianship
Information and Referral Services
Our Approach: Systems of Care

- Alliance for Community Transformations
- Mother Lode Job Training
- John C. Fremont Healthcare District
- Sheriff’s Department/Jail
- Health & Human Services
- Community
- Churches
- Attorney
- District Attorney
- Courts
- Probation
- Friends
- Family
Collaborative Courts

- Drug Court

- Behavioral Health Court
  - Mental Health Services Act: Innovation Project – Adult Team Meetings and Wrap Around Services
Jail Based Services

➢ Restoration of Competency (Misdemeanant and Felony)
➢ Crisis Intervention and Behavioral Health Supports
➢ Psychiatric and Medical
➢ Medication Assisted Treatment (MAT)
➢ SUD Treatment and 12 Step Groups
➢ Eligibility Determinations/Case Management
➢ Linkages and Transitions
Behavioral Health Treatment

- Crisis Intervention/Triage (TRAC Team)
- Probation Based Mental Health Services
- Mental Health, Substance Use Disorder and Co-Occurring Treatment
- Referrals and Linkages to Residential Treatment
- Intensive Outpatient SUD Treatment
- Recovery Support Services and After Care
- Family Counseling
Health/Psychiatric Services

- Tele-Psychiatry Services
- Medical Screenings and Care Coordination
- Medication Assisted Treatment – Hub and Spoke
- Public Health Education and Screenings
Homeless/Housing Services and Supports

- Homeless and Housing Services
  - Coordinated Entry System
  - Homeless Shelter
- Housing Navigation and Supports
- Behavioral Health Transitional Housing
- Sober Living
- Permanent Supportive Housing
- Rapid Rehousing
Other Services and Supports

➢ Assistance and Aid
  ➢ General Assistance/General Relief
  ➢ CalFresh (SNAP)
  ➢ Medi-Cal (Medicaid)

➢ SSI/SSDI Advocacy
Other Services and Supports

➢ Job Training and Supports
➢ Literacy and Educational Advancement
➢ Social Connections
➢ Life Skills Training
➢ Transportation
Specialized Programs

- Whole Person Care (Medicaid Waiver)
- Public Conservator/Guardianships
- Pain Management Groups
- Mental Health First Aid
- Stigma Reduction

- Next Steps: Swimming Up Stream
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Health & Human Services Agency
Healthy. Safe. Thriving.
FUNDING SOURCES FOR REFORM

- City & County budgets
- State
  - Contracts
  - Capital Investments
  - Settlement in Trueblood
- Grant funding
  - MacArthur Foundation’s Safety & Justice Challenge
  - Bureau of Justice Assistance
THE STAKEHOLDERS

- Cross-departmental
- Interdisciplinary
- Regional partnerships

- Law Enforcement Agencies
- Fire Department
- Office of Pre-Trial Services
- Prosecutors and Public Defenders
- Office of Law & Justice
- Judges
- Commissioners, Executives & City Administration
Spokane Police Department (July – April)

- Diverted: 586 (79%)
- Transfer to ED: 123 (17%)
- Transfer to inpatient (2%)
- Transfer to jail: 62 (8%)
- Funding Source: Trueblood fines

Spokane Sheriff’s Department (March – April)

- Time Saved: 10,302 minutes, or 171.7 hours
- 215 contacts
  - 2 arrests
  - 38 follow up/outreach contacts
  - 46 referrals
- Funding source: WASPC

(1) LAW ENFORCEMENT CO-DEPLOYED TEAMS
16 bed facility designated for law enforcement

Voluntary

Charges not filed upon satisfactory completion of treatment and no new LE contact

Funding Source: State investments, Medicaid Reimbursements, local supplemental funding.

(2) CRISIS STABILIZATION FACILITY
- Community Services, OPTS, & Detention Services
- Identify eligible participants → Intensive case management
  - Voluntary + prosecutorial approval
  - Complete treatment, charges dismissed
- Funding Source: Contract with DSHS (following passage of SB 1577)

(3A) MENTAL HEALTH DIVERSION
Prosecutor, Public Defender, OPTS
Low Level, First time Felons
Post Charging, Voluntary
Community Service, Full Restitution, Dismissal of Charge
Funding source: general department budgets

(3B) PROSECUTORIAL DIVERSION
Drugs Court (Superior Court)
Mental Health Court (Superior & District Courts)
Veterans Court (District Court)
Community Court (Municipal Court)

(4) THERAPEUTIC COURTS
(5) REENTRY

- Co-deployed Teams
- Mental Health Crisis Stabilization Facility
- Diversion
  - Public Safety Assessment
  - OPTS
- Therapeutic Courts
- Case Processing
- Reentry Pilot
- Spokane Resource Center
- Jail
- Programming
- Bureau of Justice Assistance Grant
- 200 individuals over 2 years
- Paired with Community Health Workers
  - Identify and address needs
  - Housing specialist

(5A) REENTRY PILOT
25 co-located providers
Any Spokane Resident
Funding Source: City, donations

(5B) SPOKANE RESOURCE CENTER
OTHER REFORM INITIATIVES

- Case Processing
- Pre-Trial Risk Assessment Tool
- Office of Pre-Trial Services
- Community Engagement
- Racial Equity
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THANK YOU!
QUESTIONS?